

AUTHOR GUIDELINES

Exploration अन्वेषण: A Peer-Reviewed Multidisciplinary Journal

ISSN 2542-2944

**Research Management Cell (RMC)
Darchula Multiple Campus, Far Western University, Nepal**

About the Journal

Exploration अन्वेषण is an annual, double-blind, peer-reviewed multidisciplinary journal published every January by the Research Management Cell (RMC), Darchula Multiple Campus, Far Western University, Nepal. The journal publishes original, high-quality research articles in Education, Social Sciences, Humanities, and Management. The journal does not charge any article processing or publication fees. The copyright of all published content in this journal is jointly held by the journal and its author(s). This journal's articles are open-access and distributed under the Creative Commons Attribution–NonCommercial 4.0 International License (CC BY-NC 4.0), allowing non-commercial use, sharing, and adaptation with proper attribution.

Objectives of the Journal

The objective of Exploration is to promote and disseminate high-quality, original, and ethically sound research in Education, Social Sciences, Humanities, and Management by providing a rigorous, double-blind, peer-reviewed platform that supports multidisciplinary scholarship, advances academic knowledge, strengthens research culture, and ensures free and accessible publication opportunities for scholars in Nepal and beyond.

Scope and Eligibility

The journal invites original, research-based, and unpublished manuscripts from scholars, educators, researchers, teachers, practitioners, and professionals worldwide. Submissions must:

- Align with the journal's disciplinary areas.
- Demonstrate academic rigour, relevance, and contribution to knowledge.
- Be free from plagiarism and unethical research practices.

Important Dates (Volume 4, January 2026)

- Submission Deadline: 10 November 2025
- Initial Editorial Notification: Within 7 days of submission
- Publication: January 2026

Submission Requirements

File Format

- Submit manuscripts in Microsoft Word (.doc/.docx) only.
- Combine all content (text, tables, figures, appendices) into a single file.

Manuscript Length

- 3,500–7,000 words, including references, tables, and figures.

Title Page

Include a separate Title Page with:

- Article title (maximum 12 words)
- Full name of each author
- Designation of each author
- Institutional affiliation
- Email address
- ORCID ID (optional but encouraged)
- Corresponding author clearly identified

Manuscript Structure

Follow this order:

Title

- Concise, informative, and aligned with article content.
- Maximum 12 words.

Abstract (150 - 250 words)

The abstract must summarise:

- Background or context
 - Purpose/objective(s)
 - Methods
 - Key results
 - Major conclusions
- Use a single paragraph without citations.

Keywords

Provide 4 - 6 keywords arranged alphabetically and separated by commas.

Main Body Sections

Your manuscript must follow this sequence:

1. Introduction

- Context and background

- Problem statement
- Research gap
- Objectives/research questions
- Significance of the study

2. Literature Review / Theoretical Framework (optional but recommended)

- Key concepts and theories
- Relevant empirical studies
- Gaps identified

3. Methods and Procedures

- Research design/methods
- Participants/sample
- Data collection tools and procedures
- Data analysis methods
- Ethical considerations

4. Results and Discussion

- Presentation of findings using descriptions/tables/figures
- Logical and organised interpretation
- Link to existing literature
- Implications (theoretical, practical, or policy)

5. Conclusion

- Summary of key findings
- Limitations
- Recommendations for further research

6. Acknowledgements / Declarations (if any)

- Funding
- Institutional support
- Conflicts of interest
- Ethics approval information

7. References

- Minimum 15 scholarly sources
- Must follow APA 7th Edition

Formatting Requirements

- Font: Times New Roman

- Size: 12-point
- Line Spacing: Single
- Alignment: Justified
- Margins: Normal (1 inch or standard Word default)
- Page size: A4
- Paragraphing: Indent the beginning of each paragraph.
- Tables & Figures: Must follow APA 7 style

Referencing and Citation (APA 7)

- Use APA 7th Edition for:
 - In-text citations
 - Reference list
 - Table/figure formatting
- Include DOIs or URLs where available.
- Ensure accuracy, formatting consistency, and scholarly relevance.

Plagiarism and Research Ethics

- Manuscripts must be original, unpublished, and not submitted elsewhere.
- Authors must perform plagiarism and AI-content checks before submission.
- Any submission found to be plagiarised will be rejected immediately.
- Research involving human participants must include: an Ethics approval statement and Consent procedures (if applicable).
- Authors must disclose: Conflicts of interest, Funding sources and Ethical issues.

Authorship Criteria

Authorship should reflect significant contributions in:

- Conceptualization
- Design
- Data collection
- Analysis and interpretation
- Drafting or revising the manuscript

All authors must approve the final version before submission.

Review Process

The journal follows a three-stage evaluation:

Initial Editorial Screening

- Scope compatibility
- Basic quality
- Plagiarism and AI check

Double-Blind Peer Review

- Reviewers evaluate the manuscript
- Reviewers use Track Changes and comments
- Expected review time: 7 days

Final Editorial Decision

- Accept
- Accept with minor revisions
- Accept with major revisions
- Reject

Authors must respond point-by-point to reviewer comments in revision.

After Acceptance

- Authors submit a final revised version following APA 7 and journal formatting.
- The editorial team performs final proofreading and layout.
- No publication charge applies.

Submission Procedure

Email the manuscript to rmcfwudmc@gmail.com:

Use the subject line:

Submission for Exploration - Volume 4

Contact Information

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Editor-in-Chief

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